



Cold Springs Family Center Membership Information

Membership Benefits:

- Local, convenient and family friendly atmosphere
- Full gym: Free weights, cardio machines, strength training equipment, private studio space
- NO contract required
- Group Exercise Classes and Pickleball included with no extra charge
- Pickleball & Basketball Courts
- Climbing Wall
- Locker Rooms w/showers
- One on One Fitness Appointments/Orientations available
- Free Guest Wi-Fi
- Options for kids while you work out: Game Room & Child Watch
- Youth must be 15 years old+ to enter on their own; Age 12+ on wellness equipment
- Youth 12-14 can use the basketball court with a waiver on file

Ask us about our before/after school + school break programs!

Your membership with the Family Center supports our community. As a non-profit operated through Lifestyle Homes Foundation, we also offer community events, financial assistance, senior food banks, host blood drives, partner with the Washoe County Library System, and more. We are not just a gym, we are family!

Monthly Rates w/ Auto Deduction

Category	Rate	Description
Family with Child Watch	\$85	2 Adults + youth with child watch
Family	\$80	2 Adults + youth
Duo	\$70	2 Adults (19 yrs +)
Senior Duo	\$60	2 seniors (55 yrs+)
1 Adult + Youth+ Child Watch	\$75	1 Adult + Youth+ CW
1 Adult + Youth	\$70	1 Adult +Youth
Adult	\$50	1 Adult
Plus 1 Adult	\$35	3 rd additional adult(s) in household
Senior/youth/student	\$35	Senior (55+)/youth (15-18)/student
Class / Pickleball Only Membership	\$40	Classes/Pickleball only, price per person
Class Pass	\$70	10 classes for \$70
Youth Basketball or Pickleball Membership	\$25	B-ball and Pickleball court only; 12-18 years old; 12 - 14 years old with release; no initiation fee + M/M same rate

Initiation Fee: \$75 Initiation Fee per membership category due at registration.

Re-Instatement Fee: \$25 If you were a previous member and paid the initiation fee.

Monthly Drafts: Rates are based on automatic bank drafts which are either on the 5th or 20th of each month. A 10-day cancellation is required prior to draft date. Drafts can be set with a debit or credit card.

Month-to-Month: *Pay for 3+ months upfront and get the automatic payment rate (upfront payments are non-refundable); otherwise pay an additional \$10 per month for M/M (non-automatic) option.

**The initiation fee/re-instatement & pro-rate or first month's fee are due at the time of registration.*

** All combination categories must reside in the same household.*

Center Hours

Mon-Fri: 5am – 8pm
Saturday: 8am – 4pm
Sunday: 8am - Noon

Cold Springs Family Center

18400 Village Parkway

Reno, NV 89508

775-657-6388

Coldspringsfamilycenter.com

Find us on Facebook!

Child Watch Hours (Youth 6 months – 6 years)

Mon-Fri: 9am - 12pm

4pm - 7pm

Sat: 9am – Noon